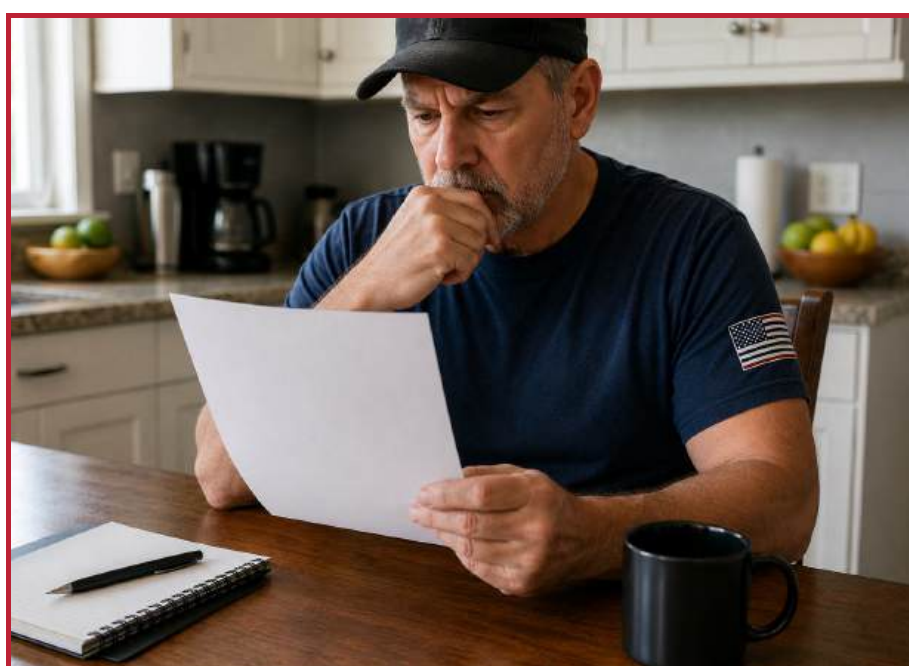


5

Things to Know About VA Re-Examinations

1. What Is the Purpose of a VA Re-Examination?

A VA re-examination is a follow-up C&P exam checking whether your condition has stayed the same, improved, or worsened. Your rating could increase, decrease, or stay the same, the VA is simply verifying your rating still matches your current reality.



2. When Is a VA Re-Examination Warranted?

Common triggers include medical evidence suggesting improvement, a rating not marked permanent, and fewer than five years of stability. None of this means your claim is in trouble; it means your file fits the VA's pattern for routine condition check-ins.



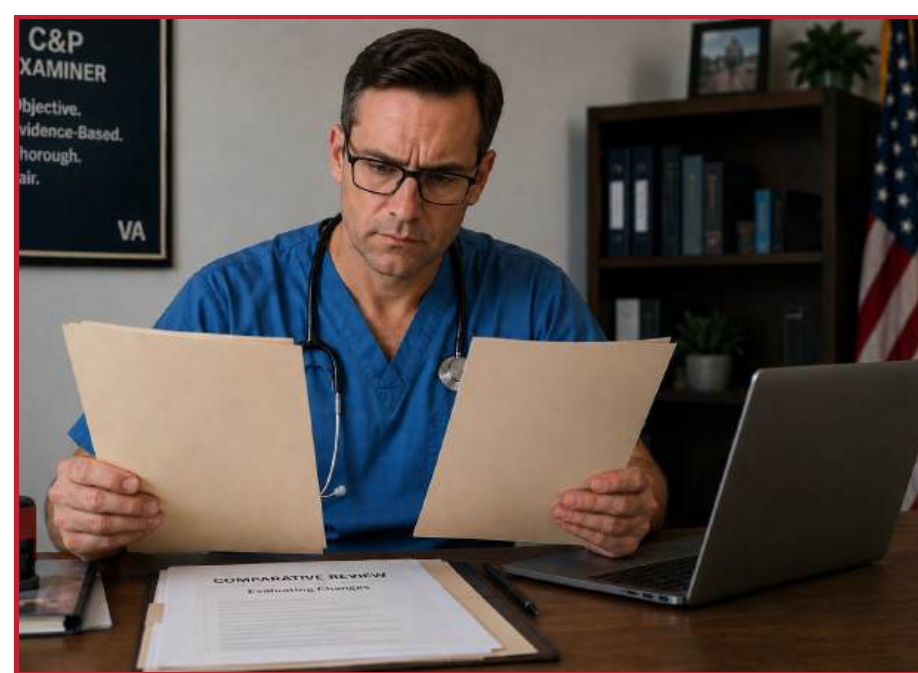
3. When a VA Re-Examination Is NOT Warranted

Exemptions apply when a disability is static or permanent, the veteran is 55 or older, the rating is 10% or less, or a reduced rating wouldn't change the combined rating. If an exemption applies, notify the VA, but attend the scheduled exam regardless.



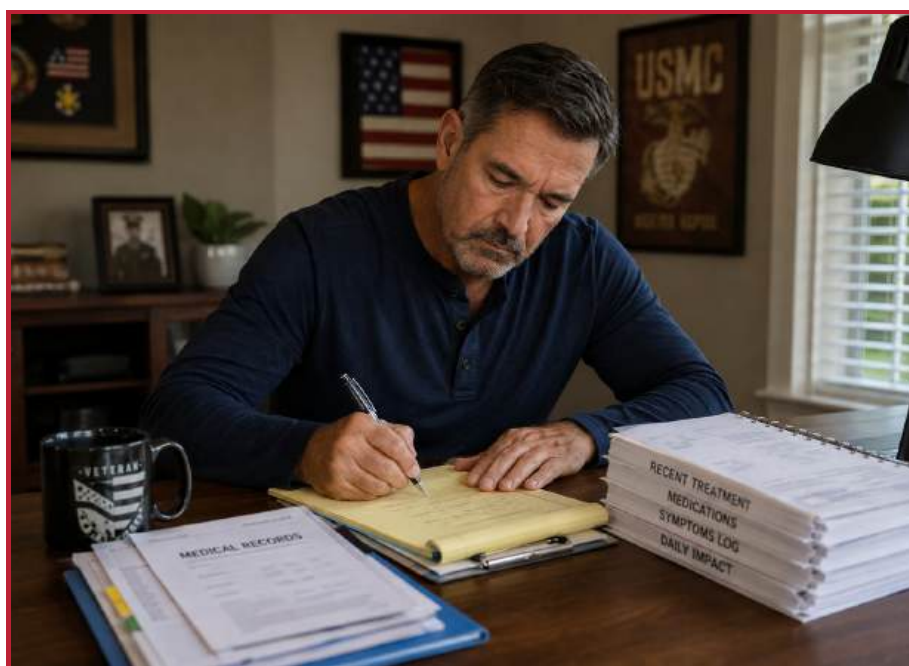
4. How Is a Re-Examination Different From the Initial Examination?

Your first C&P exam established your disability and connected it to service. A re-examination works differently; the examiner already has your history and compares current symptoms and limitations directly against what is documented in your existing file.



5. How Do I Prepare for a VA Re-Examination?

Bring recent treatment records showing ongoing care and write a short personal statement describing current symptoms and daily limitations. Be specific, describe exactly how your disability affects work, sleep, family, and everyday life in honest detail.



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